



Punjabi Tandoor

Cuisine of India

www.punjabitandoor.com

9235 Activity Road, Suite 111,
San Diego, CA 92126

Tel: 858.695.0956 | Fax: 858.695.0962

Lunch

Dinner

Mon – Fri

11:00 am - 4:00 pm

5:00 pm - 10:00 pm

Saturday

11:00 am - 10:00 pm

Sunday

5:00 pm - 9:00 pm

Combinations

Combo#1 - \$7.49

rice, 1 vegetable with daal makhani, nan, raita or kheer.

Combo#2 - \$7.99

rice, 1 chicken delight with daal makhani, nan, raita or kheer.

Combo#3 - \$8.99

rice, choice of 2 vegetable, nan, raita or kheer.

Combo#4 - \$8.99

rice, choice of 2 meat curry, nan, raita or kheer.

Combo for Two - \$24.95

Samosa or vegetable pakora, rice, choice of meat curry, choice of vegetable curry, ½ tandoori chicken, nan, raita and desert.

Come and enjoy!

Appetizers

Chana Samosa - \$5.49

Samosas with garbanzo beans on top.

Paneer Pakora - \$4.95

Mildly spiced fritters of homemade cheese.

Vegetable Samosa - \$1.99

Lightly spiced Indian turnovers, stuffed potatoes & peas (2 pieces)

Chicken Pakora - \$4.95

Delicately spiced fried chicken fritters.

Onion Bhaji - \$3.95

Freshly diced onion mixed with flour and deep fried.

Vegetable Pakora - \$3.95

Fresh assorted vegetable fritters.



Tandoori Delicacies

Seekh Kebab

Half \$5.95/ Full \$9.95

Minced lamb mixed with exotic herbs and spices. Tandoored in clay oven.

Chicken Tikka

Half \$5.95/ Full \$9.95

Tender boneless pieces of chicken marinated in spices and herbs. Skewered and roasted in a clay oven.

Chicken Tandoori

Half \$5.95/ Full \$9.95

Juicy chicken legs marinated in yogurt, herbs & spices. Tandoored in clay oven.

Tandoori Mix - \$9.95

Pieces of chicken tikka, seekh kebab, and tandoori chicken skewered and cooked in an oven.

Seafood Curries

Shrimp Curries - \$6.95

Tender shrimp cooked in onion gravy with fresh tomatoes & ginger.

Shrimp Masala - \$6.95

Tender shrimp cooked in a most excellent sauce.

Shrimp Saag - \$6.95

Tender shrimp cooked with spinach, ginger and spices.

Shrimp Vindalu - \$6.95

Shrimp cooked in hot spices, tomatoes and potatoes.

Chicken Curries

Tikka Masala \$5.95

Boneless piece of chicken breast, tandoored in clay oven and then blended in our curry sauce.

Chicken Palak \$5.49

Tender piece of chicken cooked with special spices, served with spinach curry.

Chicken Makhni \$5.95

Chicken tandoored in clay oven and cooked in butter, yogurt and tomato gravy.

Chicken Vindalu \$5.49

Chicken cooked with potatoes and hot tangy sauce.

Chicken Curry \$5.49

Chicken mildly spiced and cooked in special sauce.

Kadai Chicken \$7.49

Dry masala chicken cooked in special sauce.

Lamb Curries

Rogan Josh \$5.95

Boneless lamb specially cooked with ginger, garlic, herbs and tasty spices.

Lamb Curry \$5.95

Diced boneless lamb cooked with herbs, spices and with unusually tasty sauce.

Lamb Palak \$5.95

Diced boneless lamb cooked with spinach, ginger and delicious spices.

Lamb Vindalu - \$5.95

Lamb cooked with hot spices, potatoes, & tangy vinegar sauce.

Kadai Masala Lamb - \$8.49

Dry diced boneless masala lamb cooked in special sauce.

Rice

Shrimp Biryani **\$8.95**

Rice, cooked with shrimp and a blend of herbs and spices.

Chicken Biryani **\$7.95**

Basmati rice cooked with chicken.

Pillau Rice **\$3.95**

Basmati rice cooked in light butter, peas and onion.

Basmati Rice - \$2.95

Long grain rice imported from India.

Vegetable Biryani - \$7.95

Basmati rice with fresh vegetable.

Lamb Biryani - \$8.95

Basmati rice with tender cubes of curried lamb.

Bakra Biryani - \$9.95

Basmati rice with tender cubes of goat meat.



Sweets

Gulab Jamun **\$1.95**

Ras Malai **\$2.95**

Kheer **\$1.95**

Beverages

Lassi **\$1.95**

Yogurt and milk shake.
Plain, salty or sweet.

Mango Lassi **\$2.49**

Yogurt and milk shake
with mango pulp.

Indian Tea **\$0.95**

Special homemade
Indian Tea.

Breads

Roti - \$1.49

Whole wheat bread.

Nan - \$1.95

Leaven bread
cooked in tandoor.

Garlic Nan - \$2.49

Nan sprinkled
with garlic.

Onion Kulcha

\$2.49

Nan stuffed with
Freshly diced onion.

Paratha

\$2.49

Buttered whole
wheat bread.

Muli Paratha

\$3.49

Stuffed bread
with cauliflower.

Alu Paratha

\$2.95

Stuffed bread
with potatoes.

Gobi Paratha

\$2.95

Stuffed bread
with cauliflower.

Paneer Paratha

\$3.49

Stuffed bread
with cheese.

Poori - \$2.95

2 pieces of fried bread.

With channa and raita - \$6.49

Bhatura - \$2.95

2 pieces of fried leaven bread.

With channa and raita - \$6.49



Vegetable Curries

Malai Kofta

\$4.95

Mixed vegetables and fresh cream balls served in special Punjabi style.

Bhindi Masala

\$4.95

Fresh okra cooked in onion, ginger, garlic and taste full spices topped with tomatoes.

Mushroom Masala

\$4.95

Mushroom and vegetable with homemade cheese and creamy curry.

Matar Paneer

\$4.95

Green peas and homemade cheese cooked in Punjabi style.

Alu Gobi

\$4.95

Cauliflower and potatoes mixed making a delicious Punjabi style curry.

Bengan Bhartha

\$4.95

Baked eggplant mashed and sautéed with herbs, tomatoes and onions.



Channa Masala

\$4.95

Garbanzo beans spiced with fresh ginger and served in its own sauce.

Alu Punjabi

\$4.95

Potatoes sautéed with a fine selection of spices and mustard seed.

Nav Rattan Korma

\$4.95

Mixed vegetables cooked with Indian spices.

Saag Paneer

\$4.95

Homemade cheese cooked in spinach.

Dal Makhani

\$4.95

Creamed lentils with cream.

Alu Mater

\$4.95

Potatoes and peas with Indian spices.

Paneer Vhurji - \$6.49

Pieces of homemade cheese cooked with Indian spices.

Paneer Tikka Masala - \$5.49

Pieces of homemade cheese tandoored in clay oven then blended in curry sauce.

Specializing in Catering

Weddings, birthday parties, corporate events, company picnics and all other special events.

Punjabi Tandoor **Cuisine of India**

Coupon Available on Website

Punjabitandoor.com

Menu Design, Corporate Branding & Marketing

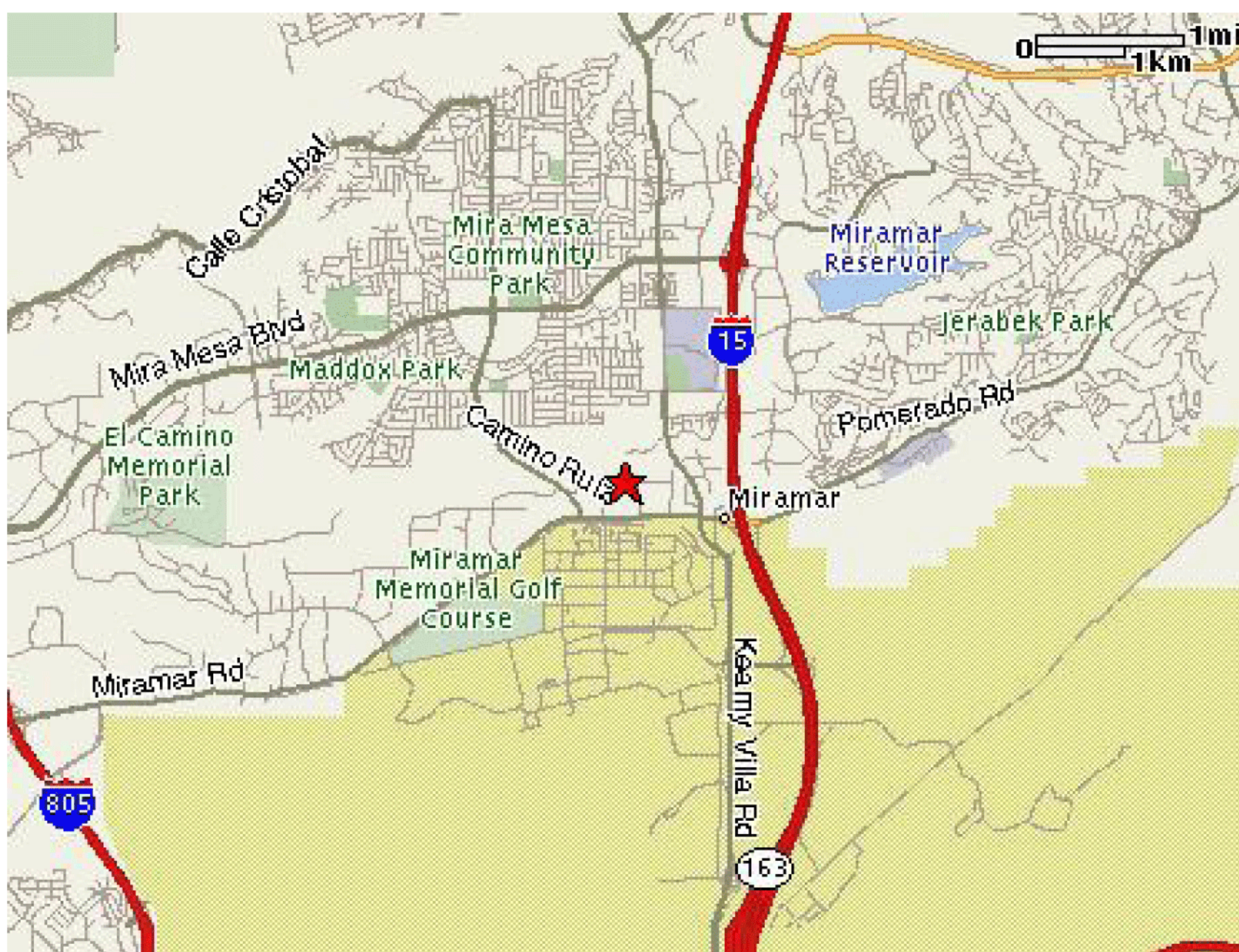
Tel: (858) 768-0989 | www.shubhayan.net

Shubhayan America™, provides full service Information Technology and Corporate Services. Our clientele includes candidates for public office in the United States Senate, United States House of Representatives, State Senate, State Assembly, City Council, San Diego Democratic Party, among others for which we provide full online campaign solutions. We have also worked with foreign Presidents, Leaders and other Heads of State on a plethora of projects.

We also have a team composed of experienced graphic designers and marketing experts specialized in corporate identity, branding and communication. We develop and write software for inventory control, at the same time catering to the needs of the individual and offering services for simple personal websites.

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